

## IT'S AMAZING WHAT YOUR DOLLARS CAN DO

Supporting United Way is one of the most effective ways to make a difference in our city. By giving to the Community Fund, you maximize your gift by allowing United Way to invest the money where it's needed most.

**Discover the impact of your donation:**  
5.77/ \$150\* provides a group workshop for 30 homeless men, to help them overcome their addictions.

\$12.50/ \$325 provides a child living in a shelter with 10 weeks of group support, including arts and play-based therapy to help him cope with his situation, interact with other kids and make friends.

\$15.38/ \$400 allows 20 seniors to stay healthy and active with an hour of Tai Chi and an hour of yoga.

### Be a Leader!

By donating \$1,000 or more a year, you can make an even bigger difference in our city.

\$50/ \$1,300\* buys a weekly breakfast for 10 homeless people for one year.

### Ready to make a difference?

Visit [www.unitedwaytoronto.com/donate](http://www.unitedwaytoronto.com/donate) or call 416-777-2001 today.

\*Per pay/ annual gift, based on 26 pay periods per year.



**Thanks** to the generosity of United Way donors, positive and lasting change is occurring every day in our city. Struggling neighbourhoods are provided with the tools to thrive, newcomers benefit from settlement programs and troubled youth are given opportunities to make a better life for themselves. This is just a small sample of the enormous difference that your donation to United Way of Greater Toronto can make.

Change for the better.  
**THANKS TO YOU.**

## TALES OUT OF SCHOOL

Helping suspended youth get back into study mode

It's a fact that's hard to ignore. Thirteen percent of students attending the six public highschools in the Jane-Finch area were suspended at least once in 2004-05. Dozens were suspended from 2 weeks to a month—just enough time to get into more trouble outside the confines of school. This is where the *Suspended and Studying* program at United Way-funded agency PEACH (Promoting Economic Action and Community Health) comes in.

*Suspended and Studying* offers troubled youth such as Adrian (not his real name) an informal environment where he can get back on track with school while he completes his suspension. Adrian is only 13 years old and yet he has a well-established history of troubled behaviour including charges of aggravated assault, associations with gangs and estrangement from his family.

Despite these challenges, Adrian has experienced small victories with the PEACH program. His attendance has improved and the favourable ratio of teacher and social worker to student has allowed him to receive much more individual attention. Plus, he plans to return to school in September.

"He has so much potential," says youth worker, Kerry Wilson. According to Wilson, he's one of the brightest students ever referred to PEACH, with the ability to read at a Grade 10 level. But there are still challenges ahead, says Wilson. "The schools are writing him off. He has the potential to fall through the cracks."

It's reassuring to know that programs like *Suspended and Studying* exist. Plain and simple, many of today's youth need more support and guidance—and thanks to United Way donors, agencies across Toronto are helping many carve a path to a brighter future. ■

\*Adapted from a story featured in The Globe and Mail by Joe Friesen.



Kerry Wilson, youth worker at PEACH.

## NEW BEGINNINGS

Helping Toronto's newcomers find their footing

Nahid Ismail arrived in Toronto in 2003 from Bangladesh. Soon after, she began volunteering at United Way agency, North York Community House (NYCH). This is where her journey from stranger to community leader began.

One of the first things Nahid did was sign up for the Newcomer Connection, a leadership program for women that gave her the skills to understand the Canadian system, make use of available resources and develop networks to promote her talents and ultimately gain employment.

Because of the program, Nahid avoided the all too common cultural stumbling block of isolation. Today, she is proud to be employed by NYCH as a program coordinator and financial assistant.



Cooking up Chinese food at North York Community House.

## PROGRESS THAT INSPIRES

How neighbourhoods are making positive change one step at a time

What a difference a year makes. Just ask grocery store owner and Scarborough Village resident, Shahid Javid. In 2005, a United Way, Federal Government partnered project called Action for Neighbourhood Change (ANC) got underway in Scarborough Village. As a result, Shahid's neighbourhood has experienced significant change for the better

The project is a unique approach for United Way. Local residents are supported and encouraged to decide what is best for their community. Working together, they've learned they share a common value—a desire for a safe, healthy neighbourhood, they are proud to call home.

The impact of ANC's presence in Scarborough Village is dramatic. A previously unused, unsafe green space is now home to a new playground that was officially opened at the 1st Annual Scarborough Village Community Festival. As well, a community collective of Urdu women have joined forces to provide a voice on priority issues such as neighbourhood safety and improving local transit services.

At the community festival, Shahid said it best; "There are so many cultures all in one place with happy faces, ready to help each other. It's wonderful."

And that's just after one year. With your continued support of United Way, just imagine all the good things that could happen in neighbourhoods like Scarborough Village. ■



Young boy enjoys the newly-opened playground at Scarborough Village Community Festival.

# Our Member Agencies

## BUILDING STRONG NEIGHBOURHOODS AND COMMUNITIES

519 Church Street Community Centre  
Agincourt Community Services Association  
Albion Neighbourhood Services  
Bathurst Jewish Community Centre  
Birchmount Bluffs Neighbourhood Centre  
Bloor Information and Life Skills Centre  
Braeburn Neighbourhood Place  
Canadian Centre for Victims of Torture  
Central Neighbourhood House Association  
Centre for Information & Community Services of Ontario  
Centre for Spanish-Speaking Peoples  
Centre Francophone de Toronto  
Chinese Family Services of Ontario  
Christie-Ossington Neighbourhood Centre  
COSTI  
CultureLink  
Davenport Perth Neighbourhood Centre  
Delta Family Resource Centre  
Dixon Hall  
Doorsteps Neighbourhood Services  
Eastview Neighbourhood Community Centre  
Flemingdon Neighbourhood Services  
FoodShare Toronto  
Greek Community Toronto  
- Department of Social Services

Jamaican Canadian Association  
Jane/Finch Community & Family Centre  
Lakeshore Area Multiservice Project (LAMP)  
Malvern Family Resource Centre  
Miles Nadal JCC  
Native Canadian Centre of Toronto  
Neighbourhood Link/Senior Link  
North York Community House  
Northwood Neighbourhood Services  
S.E.A.S. Centre  
South Asian Family Support Services  
St. Christopher House  
St. Stephen's Community House  
Syme-Woolner Neighbourhood and Family Centre  
Thorncliffe Neighbourhood Office  
Toronto Chinese Community Services Association  
Tropicana Community Services Organization  
UJA Federation of Greater Toronto  
University Settlement Recreation Centre  
Warden Woods Community Centre  
West Hill Community Services  
West Scarborough Neighbourhood Community Centre  
WoodGreen Community Services

## ENABLING INDEPENDENT LIVING

Canadian Hearing Society/Toronto Region  
Canadian Mental Health Association-Metro  
Canadian National Institute for the Blind  
Centre for Independent Living in Toronto (C.I.L.T.)  
Community Living Toronto  
Epilepsy Toronto  
Hong Fook Mental Health Association  
Multiple Sclerosis Society of Canada Toronto Chapter  
Ontario March of Dimes  
VHA Home HealthCare  
Victorian Order of Nurses Toronto  
- York Region Branch

## INVESTING IN COMMUNITY PLANNING AND RESOURCES

Canadian Council on Social Development  
Community Social Planning Council of Toronto  
Findhelp Information Services  
Neighbourhood Centre  
Ontario Council of Agencies Serving Immigrants  
P.O.I.N.T. Inc. (People and Organizations in North Toronto)  
Parkdale Community Information Centre  
Self-Help Resource Centre of Greater Toronto  
Toronto Jewish Free Loan Cassa  
Volunteer Centre of Toronto

## SUPPORTING SENIORS' INDEPENDENCE

Baycrest Centre for Geriatric Care  
Bernard Betel Centre for Creative Living  
Call-A-Service Inc./Harmony Hall Centre for Seniors  
Carefirst Seniors and Community Services Association  
Central & Northern Etobicoke Home Support Services  
Circle of Home Care Services (Toronto)  
Community Care East York  
Downsview Services to Seniors Inc.  
Etobicoke Services for Seniors

Humber Community Seniors' Services Inc.  
Mid-Toronto Community Services Inc.  
North York Seniors Centre  
Scarborough Support Services for the Elderly Inc.  
Second Mile Club of Toronto  
Senior Peoples' Resources in North Toronto Inc. (SPRINT)  
St. Clair West Services for Seniors  
Storefront Humber Inc.  
Sunshine Centres for Seniors  
West Toronto Support Services

## CREATING OPPORTUNITIES FOR CHILDREN, YOUTH AND FAMILIES

Abrigo Centre  
Aisling Discoveries Child and Family Centre  
Big Brothers and Big Sisters of Toronto  
Bond Street Nursery School  
Child Development Institute  
College-Montrose Children's Place  
Delisle Youth Services  
Dovercourt Boys' and Girls' Club  
East Metro Youth Services  
East Scarborough Boys' and Girls' Club  
Family Day Care Services  
Family Service Association of Toronto  
For Youth Initiative (FYI)

Hincks-Dellcrest Centre (The)  
Jessie's Centre for Teenagers  
Jewish Family and Child Service of Greater Toronto  
Macaulay Child Development Centre (The)  
Native Child and Family Services of Toronto  
Planned Parenthood of Toronto  
Scouts Canada Greater Toronto Council  
St. Alban's Boys' & Girls' Club  
Toronto Kiwanis Boys & Girls Clubs  
YMCA of Greater Toronto  
Yorktown Child and Family Centre  
Youth Assisting Youth  
YOUTHLINK®

## Have questions about the United Way-funded agencies listed here?

*For more information about what these agencies do and how they can help, call 2-1-1, your first call for detailed information about community, social, health and government agencies in Toronto*



## PREVENTING VIOLENCE AND EMPOWERING WOMEN

Barbra Schlifer Commemorative Clinic  
Education Wife Assault  
Elizabeth Fry Society of Toronto  
Ernestine's Women's Shelter  
Interval House Inc.  
Nellie's  
North York Women's Shelter  
Opportunity for Advancement

Rexdale Women's Centre  
Sistering-A Woman's Place  
The Redwood  
Women's Habitat of Etobicoke  
Working Women Community Centre  
Yorktown Shelter for Women  
YWCA Toronto

## SUPPORTING PEOPLE LIVING IN VULNERABLE SITUATIONS

Anishnawbe Health Toronto  
Distress Centres of Toronto  
Good Neighbours' Club (The)  
Homes First Society  
Horizons for Youth  
John Howard Society of Toronto  
NA-ME-RES (Native Men's Residence)  
Second Base (Scarborough) Youth Shelter  
Toronto Community Hostel  
Transition House Inc.  
Youth Without Shelter

## INVESTING IN EMPLOYMENT

A.C.C.E.S.  
Community Microskills Development Centre  
JobStart  
JVS Toronto  
Skills for Change  
Times Change Women's Employment Service  
Toronto East End Literacy Project

## PARTNERS

Canadian Red Cross - Toronto Region (The)  
Labour Community Services of Toronto Inc.